

3010 Old Ranch Pkwy, Suite 440, Seal Beach, CA 90740 +1 949.355.4950 | www.JMYS.com

JMYS Three (3) Person Watch Schedule

Time of Watch	Watch Name		Name
0000 - 0300	Dog – Watch	A	
0300 - 0600	Morning Watch	В	
0600 - 0900	Breakfast Watch	C	
0900 - 1100	Forenoon Watch	A	
1100 – 1300	Early Afternoon Watch	В	
1300 – 1500	Mid Afternoon Watch	C	
1500 – 1800	Evening Watch	A	
1800 - 2100	Night Watch	В	
2100 – 2400	Mid Watch	C	

Oncoming watch standers should report to the wheelhouse 15 minutes prior to scheduled start for a briefing from the current watch stander who should identify course, next way points, settings and targets. Prior to standing watch, a thorough engine room inspection should be conducted (use head, bring up snack, drink, etc., before reporting). Arrive at your watch alert and ready to take over. Turn over your watch once you are certain that the crew member following is ready to go. It should be clear at all times who is at the helm and on watch. It is a good practice to scan the horizon every 15 minutes – an egg timer set at 15 minutes is a helpful tool.



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JMYS Four (4) Person Watch Schedule

Time of Watch	Watch Name	Name
0000 - 0300	Mid – Watch	A
0300 - 0600	Morning Watch	В
0600 - 0900	Breakfast Watch	C
0900 – 1200	Forenoon Watch	D
1200 – 1500	Early Afternoon Watch	A
1500 – 1800	Mid Afternoon Watch	В
1800 - 2100	Evening Watch	C
2100 – 2400	Night Watch	D

Oncoming watch standers should report to the wheelhouse 15 minutes prior to scheduled start for a briefing from the current watch stander who should identify course, next way points, settings and targets. Prior to standing watch, a thorough engine room inspection should be conducted (use head, bring up snack, drink, etc., before reporting). Arrive at your watch alert and ready to take over. Turn over your watch once you are certain that the crew member following is ready to go. It should be clear at all times who is at the helm and on watch. It is a good practice to scan the horizon every 15 minutes – an egg timer set at 15 minutes is a helpful tool.